



ANNUAL REPORT

January 2023 to December 2023

Parul Institute of Ayurved & Research is established under parent Parul University, with a vision to build a centre for excellence in education and practice of Ayurveda, to preserve, nurture and propagate the profound ancient wisdom of Indian system of medicine through quality teaching, training, medical care and research works. The Institution aims at transforming the science of Ayurveda through quality education, selfless service to the society with a truthful motto. This Institution was permitted in the year 17.11.2017 by ministry of AYUSH, GOI, New Delhi for intake of admission of 100 students. Institute is focusing on academic, cultural, social and research activities.

Potentials, skills of the student will be identified by the teacher and accordingly they will be motivated and guided for academic, co-curricular activities etc. our Institute concentrate on Social service under NSS by conducting rural health awareness programme, Swachata Abhiyan along with involvement of students in such activities. Culture has got significant role in the development of students personality, by keeping this in view, Institute motivates students to participate in various cultural programmes. To preserve the tradition, we celebrate Ganesha Chaturthi, Independence Day, Republic Day.

Khemdas Ayurved Hospital, teaching hospital of Parul Institute of Ayurved has been accredited by NABH (National Accreditation Board of Hospital) from 27th October 2018 and reaccreditation was received on 27th October 2021. The teaching pharmacy is also developed nicely and able to manufacture its own products.

By arranging medical camps Khemdas Ayurved Hospital has extended the health service in 64 nearby villages and around 11784 number of beneficiaries. Feedback of health seekers of these above camps was very good.

As a part of faculty development programmes, the Institution has organised pedagogy session, various Webinars, Awareness Programmes and Guest Lecture. Details are as below:

Awareness Programme

1. Cervical Awareness Talk 2023 was organised by Dept. of Prasuti Tantra & Stri Roga:
 - a. Guest Lecture on topic of "Cervical Cancer" by Dr. Ujjaval Parikh, Associate Professor, Dept. of Obstetrics & Gynecology, Parul Institute of Medical Science & Research, Parul University, Vadodara
 - b. Guest Lecture on topic of "Cervical Cancer- Prevention & Treatment Modalities" by Dr. Pradeep Kinage, Assistant Professor, Dept. of Prasuti Tantra & Striroga, Govt. Ayu. College, Vadodara

Dr. Pradeep Kinage

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2. Azadi ka Amrut Mahotsav Celebrated by Parul Institute of Ayurved and Research in Association with Health & Family Welfare department , Ayush , Gandhinagar and Ayurveda Branch, District Panchayat Vadodara has organized
 - a. Ayush Mela for Ayurveda Awareness by conducting exhibition of various Models, OPD for all the citizens During the month of January & February-2023
3. Women Development Cell, Parul Institute of Ayurved & Research organised Guest Lecture for awareness on “ Women Safety Laws” which was delivered by Dr.Dhananjay Mhasade, Senior advocate, Pune Maharashtra and S.R.Anigol, Retired professor of Karnataka women’ University, Retired principal of Anjuman Law college on National Girl Child Day on 24.01.2023
4. Awareness programme on Environment & Humanity on 20.06.2023 by Philem Roshan Singh
5. World Sickle cell awareness day 2023 on 19.06.2023 organised by Dept of Kaumarbhritya
6. Awareness talk on Ophiology by Mr. Siddharth Amin, Ornithology department, Parul University on 17.07.2023 organised by Dept of Agada Tantra, PIAR
7. Swachhata awareness Drive at Central Railway Station, Vadodara by NSS Parul Institute of Ayurved & Research on 01.10.2023

Seminar / Workshop / CEP

1. Parul Institute of Ayurved & Research organised Seminar & Workshop on Manuscriptology 2023 on 06.01.2023 & 07.01.2023
2. Parul Institute of Ayurved & Research organised Workshop on “Marma Chikitsa” on 27.01.2023 & 28.01.2023
3. Parul Institute of Ayurved & Research organised Seminar & Workshop on “DGCON 23” on 14.09.2023 to 16.09.2023
4. Continuing Education Programme was held on “Ksharsutra” at Khemdas Ayurved Hospital during Month of March -2023

Orientation Programme for Students:

1. Transitional Curriculum - 15 days orientation programme was organised for the first Year BAMS students (2022-23 Batch). They were sensitized for the academic year with the introduction to the AYUSH system of medicine as per NCISM Guidelines. It was held from 20.02.2023 onwards.
2. Orientation programme of three days was organised for the Third Year BAMS students. Sensitization of students for the new academic year with introduction to the subjects was given to Students. It was held from 03.04.2023 to 05.04.2023. The programme was coordinated by respective Class Coordinator
3. Transitional Curriculum - 15 days orientation programme was organised for the first Year BAMS students (2023-24 Batch). They were sensitized for the academic year with the

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introduction to the AYUSH system of medicine as per NCISM Guidelines. It was held from 25.10.2023 onwards

Celebration:

1. Women Development Cell, Parul Institute of Ayurved & Research organised Guest Lecture for awareness on “Women Safety Laws” which was delivered by Dr.Dhananjay Mhasade, Senior advocate, Pune Maharashtra and S.R.Anigol, Retired professor of Karnataka women’ University, Retired principal of Anjuman Law college on **National Girl Child Day** on 24.01.2023
2. **International Womens Day** was observed in month of March 2023 by the WDC, Parul University & Parul Institute of Ayurved and Research for the faculties by organising:
 - a. Antakshari Competition on 02.03.2023 at Dhanvantari Hall , Parul Institute of Ayurved and Research
 - b. Felicitation programme of Guest of Honour Dr. Sharmila Bagchi. Retired Research Officer, Oriental Institute, Maharaja Sayajirao University, Vadodara
 - c. Organised webinar by Dept. of Prasuti Tantra & Stri Roga, Parul Institute of Ayurved and Research on “Female Infertility- Various Treatment Modalities” by Dr. Jasmina Acharya on 13.03.2023
3. **Shishyopanayana Samskara** along with Dhanvantari Homa was organized on 12.04.2023 for first year BAMS Students (2022-2023)
4. Department of Dravyaguna Vigyan celebrated the eve of **World Environment Day 2023**, by plantation of saplings of different medicinal plants on 05.06.2023.
5. **International Yoga Day** was celebrated by the Department of Swasthavrutta on 13.06.2023, by conducting “National Level Traditional Yogasana Competition” and Live telecast of it.
6. **World MILK Day 2023 was celebrated by Dept of Kriya Sharir & Organised webinar on “Milk Vitality of life – An Ayurveda Perspective”** by Dr.Mahantswami Hiremath, Assistant Professor, Dept of Kriya Sharir, CB Guttal Ayurvedic Medical College, Dharwad on 07.06.2023
7. **World Blood Donor Day 2023** was observed on 12.06.2023 - Guest Lecture on “Blood Donation Myths, Misconception & Importance” by Dr Sunil Nikhate, Professor, Dept. of Kriya Sharir, Sumandeep Ayurved College, Vadodara
8. **National Doctors Day 2023**, was observed on 01.07.2023 & 03.07.2023 by student council, in Parul Institute of Ayurved and Research. The event consisted of:
 - a. Felicitation to students and consultants for their dedication in work.
 - b. Indoor games for teachers
9. **“Charaka Jayanti”** was celebrated on 21.08.2023 by the Department of Ayurveda Samhita & Siddhanta by arranging guest lecture on the topic “Hidden Areas of Charak Samhita” by Dr. Malhari Sirdeshpande, Principal, Krishna Ayurved Medical College, KPGU, Varnama, Vadodara.

Dr. N. K. Kulkarni
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10. **National Librarians' Day** Celebration was organised by Parul Institute of Ayurved & research on 09.08.2023 by organising various events:
 - a. Tell a Tale
 - b. Debate Competition
11. **World Hepatitis Day** celebrated on 28.07.2023 by Faculty of Ayurved , Parul University
12. **Teachers Day** celebration was organized by the institution on 05.09.2023. Dr. Nimesh Sangode, Mr. Tejaskumar Vyas were felicitated with Best Teacher Award for their dedication towards the students.
13. **World Heart Day** celebration by Dept of Roga Nidan & Vikrit Vigyan, PIAR organizing Poster Making Competition & Dance Competition on 28.09.2023
14. On the occasion of "National Ayurveda Day" Dhanvantari Pujan was held on 22.10.2023 and as a part of it
 - a. PATHYAM Food Festival on 03.11.2023.
 - b. "Ragi Shira" making & Distribution in Anganwadi for childrens by Dept of Swasthavritta
15. World piles day is observed on 20.11.2023 by Department of Shalya Tantra with following events:
 - a. Medical camp for Piles patients at Khemdas Ayurved Hospital, Ishwarpura, Vadodara

Guest Lecture:

1. Department of Kaumarbhritya, organised a Guest lecture on the topic "Iron Deficiency Anemia" by Dr Rahul Shah, Professor & HOD Dept. of Kaumarbhritya, Bharati Vidhyapeeth Ayurved College, Pune on 26.07.2023 for students of 3rd year BAMS.
2. Department of Rachana Sharir organised a Guest Lecture on the topic "Cranial Nerves and its Applied Aspects" by Dr. Tanvi Mahajan, Associate Professor, Dept. of Rachana Sharir, Guru Nanak Ayurvedic Medical College & Research Institute, Ludhiana, Punjab
3. Department of Rachana Sharir organised a Guest Lecture on the topic "Innovative Ways of Understanding Fundamentals of Human Anatomy" by Dr. Raviraj Kurabet, Associate Professor, Dept. of Rachana Sharir, KLE Ayurved Medical College, Chikodi, Karnataka
4. Expert talk on 'Concept of health through swasthavritta principles' by Dr. Rekha BV , Professor, Dept. of Swasthavritta, Govt. Ayurved College, Mysore organised by Swasthavritta department , PIAR
5. Expert talk on "Citizen & Constitutional Ethics" by Adv. Ashish Godi on 09.05.2023 Organised by Dept of Agada Tantra, PIAR
6. Expert Talk on "Intellectual Property Rights & patent Design" by Mohsin Dadi on 08.05.2023 organised by PIAR
7. Guest Lecture on "Blood Donation Myths, Misconception & Importance" by Dr Sunil Nikhate, Professor, Dept. of Kriya Sharir, Sumandeep Ayurved College, Vadodara on WORLD BLOOD DONOR DAY

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Webinar:

Total of 26 Webinars were organised.

1. Department of **Agada Tantra**, organized
 - a. webinar on the topic “Chronic Tobacco Use, Disorders & Its Management” by Dr Pradeepkumar Mohurle, Assistant Professor, Dept of Agada Tantra, NEIAH, Shillong, Meghalaya on 12.06.2023
 - b. Webinar on “Tobacco Control & related laws in India” by Dr. Anjali Sanjeev, Assistant Professor, Dept of Agada Tantra, PIAR
 - c. “Role of Forensic Science laboratory in Crime detection” by Mr. Karan Mehta, Parul Insitute of Applied Sciences on 14.07.2023
2. Department of **Ayurveda Samhita & Siddhanta**, organised a webinar on
 - a. “Importance of Samhita & Understanding Ayurved” by Dr Abhijit Saraf, Professor, Dept of Samhita, Shree saptashringi Ayurved Mahavidyalaya, Nashik
3. Department of **Kayachikitsa**, organized webinars on the topics:
 - a. “Post Traumatic Stress Disorder” by Dr. Saumyalakshmi S. Assistant Professor, Sharada Ayurved Medical College, Mangalore, Karnataka
 - b. “Clinical Practice in Ayurveda” by Dr.Malwande Ganesh Pandurang . LBVK Ayurved Medical College, Latur on 26.09.2023
4. Department of **Kaumarabhritya** organized webinar on the topics:
 - a. “Poshana Nutrition- Normal Requirement of Nutrients & Food Sources” by Dr. Sagar Bhide . Assistant Professor, ITRA, Jamnagar in June -2023
 - b. “Swarnaparshan in Children” by Dr. Srihari S. , Professor HOD, JSS Ayurved Mahavidhyalay, Mysore on 05.07.2023
 - c. “Bala Panchkarma” by Dr Yogita Shrivasa, Professor HOD, Datta Meghe Ayurved Medical college, Nagpur, Maharashtra on 06.09.2023
 - d. “Febrile Convulsion” by Dr. S A Nithin , Principal & Chief Medical Officer, Rajeev Institute of Ayurvedic Medical Science & research Center , Hasssan, Karnataka on 18.10.2023
5. Department of **Panchakarma** organized webinar on the topics:
 - a. “Critical Review on Snehana Karma” by Dr. Chandramouleeshwaran P., Principal, Ayurved College, Coimbtore on 18.07.2023 .
 - b. “Utility of Basti Karma” by Dr.Prathiba Ck , Professor HOD , Dept of Panchkarma, GS Ayurved College, Uttarpradesh on 27.09.2023
6. Department of **Prasuti Tantra & Stree Roga** organized webinar on the topics:
 - a. “Female Infertility- Various Treatment Modalities” by Dr. Jasmina Acharya on 13.03.2023
 - b. “Examination & Common Investigation in Obstetrics & Gynecology by Dr. Divya CS , Professor HOD, Santhigiri ayurved Medical College, Pallakad, kerala on 06.06.2023.

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- c. “Relevance of Garbhopghat kar Bhava in current obstetrics practice” by Dr. Jasmina Acharya, Professor HOD, JS Ayurved Mahavidhyalay, Nadiad
- d. “PCOS” by Dr. Ujjaval Parikh, Associate Professor, PIMSR, Vadodara on 25.07.2023
- e. “Premature Labour” by Dr Pradnya Deshmukh , Professor , Dept of PTSR, SMBT Ayurved Medical College, Nashik
7. Department of **Roga Nidana & Vikruti Vigyan** organized webinar on the topics:
 - a. “Chronic Kidney Disease” by Dr. Farseeena K. on 27.03.2023
8. Department of **Shalaky Tantra**, organized webinar on the topics:
 - a. “Understanding Abhishyanda in Modern Ophthalmology” by Dr. Jagruti Richhariya, Assistant Professor, PG Dept of Shalakyatantra, Mansarovar Ayurved Medical College & Hospital, Bhopal, Madhyapradesh on 18.01.2023
 - b. “Oral Submucous Fibrosis” by Dr. Gautam Dabhi, Assistant Professor, Dept of Shalaky Tantra, GJ Patel Ayurved College, Vallabhvidhyanager on 22.09.2023
9. Department of **Shalya Tantra**, organized webinar on the topics:
 - a. “Basic principles of Surgery” by Dr. Sumedh Wasnik on 06.07.2023
10. Department of **Shareera Kriya** organized webinar on the topics:
 - a. “Understanding of Dosha – Vruddhi Kshaya Lakshana” by Dr. Akshyakumar Cholin , Assistant Professor, Department of Kriya Sharir, Ayurved Mahavidhyalay, Hubballi , Karnataka on 13.03.2023
 - b. “Milk Vitality of life – An Ayurveda Perspective” by Dr.Mahantswami Hiremath, Assistant Professor, Dept of Kriya Sharir, CB Guttal Ayurvedic Medical College, Dharwad on 07.06.2023
 - c. “Agni & Ahara Paka” by Dr Amrutha BL, Associate professor, Dept of Kriya Sharir, Mannam Ayurved College, Pandalam, Kerala
11. Department of **Swasthavrutta** organised webinar on the topic “The Role of Astang yoga in promoting social Health” by Dr. Vipul C. Patil , Associate Professor, Dept. of Swasthavritta, OH Nazar Ayurved College, Surat
12. Department of **Rachana Sharira** organised webinar on the topic “Stomach & Its Clinical Anatomy” by Dr. Krishnakumar Yadav, Assistant Professor, Department of Rachana Sharir, Shri Babu Singh Jay Singh Ayurvedic Medical College and Hospital, Fatehgarh, Farrukabad, Uttar Pradesh on 10.07.2023

Faculty Development Programme:

As a part of Faculty Development, pedagogy sessions are been organised once in every week. Totally Twenty one sessions were conducted this year. Also organised

1. Parul Institute of Ayurved & Research & clinical research department, Parul Sevashram Hospital organised training on “Good Clinical Practice” on 26.09.2023 & 27.09.2023

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2. PIAR in collaboration with Faculty of Medicine organised FDP for SPSS workshop in month of July 2023 on 24.07.2023 to 28.07.2023
3. Internal Quality Assessment Cell Parul Institute of Ayurved and Parul Institute of Ayurved & research organised Intellectual Property Rights & patent & Design Filing on 07.10.2023

Ongoing Sponsored Research Project:

Government funded Research Project:

1. Faculties of Parul Institute of Ayurved & Research, Dr. Vaishali Deshpande & Co-investigator Dr. Divya B. received research grants of Rs. 33,14,157 /- under SMART project (Scope for Mainstreaming Ayurved Research in Teaching Professionals) from CCRAS
2. "Pharmaceutical analytical and comparative effect study of Rajata Bhasma Prepared by Classical method and market available silver nano particles (AgNPS) for nuero protective activity – in vivo and in vitro study" sponsored by GSBTM, Gujarat with a fund of 26.77 LAKS

STUDENT CORNER:

State Level:

1. Final Year Students of Parul Institute of Ayurved & Research actively participated in Grand Finale of Azadi ka Amrut Mahotsav Hackathon-2022 during 10th & 11th February-2023 held at Shree Swaminarayan Institute of Technology, Bhat, Gandhinagar under Student Startup & Innovation Policy & Gujarat Knowledge Society
2. 1st YR BAMS Student, Ms. Vishnupriya Raikar awarded 2nd Prize in Mantrochar- State level Shloka recitation competition organized by KJ Institute of Ayurved, Savali, Vadodara

National Level:

1. 2nd YR BAMS student, Jitendra Kashyap Secured 2nd Rank in the National Level Reel Making Competition organised by Ministry of Health & Family Welfare
2. 2nd YR BAMS students, Iqra Siddiqui & Himanshi Parmar secured 3rd Rank in National Level Body Painting Competition organised by JS Ayurved Mahavidyalay, Nadiad
3. Cash prize of Rs.10000/- received by 4th yr BAMS student, Sneha Ambaliya for UG Category paper presentation on "Dosh pe Charcha" Organised by Glocal Ayurvedic Medical Science & research Center

INTERNATIONAL LEVEL

1. Team Vedic Vectors from Faculty of Ayurved, Parul Institute of Ayurved & Research secured 2nd Prize in International Competition in health & medicine case study organised by Australian National University and received a prize money of 1000/- Australian dollars.

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FACULTY CORNER

Publication: Published 50 research & review articles. Two books and four Chapters.

List of Publication:

Sl.	Name of the Faculty	Department	Title	Journal
1	Dr. Akanksha Chandel	Prasuti Tantra & Stri Roga	A Clinical Observation Study on the effect of Dashang Guggulu & Lekhan basti W.S.R. to Medoroga	Journal of Emerging technologies and Innovative research
2	Dr. Priyanka Dolhare Dr. Akanksha Chandel	Prasuti Tantra & Stri Roga	Soumansay Garbhadharnam – A Conceptual Study	International Journal of All Research Education and Scientific Methods
3	Dr Malavika	Kayachikitsa	Effect of Ayurvedic interventions as add-on therapy in Huntington's disease: A case report	AYURCARE
4	Dr Arun Raj	Kaumarbhritya	Formulation and standardization of patoladi tablet – A polyherbal ayurvedic drug to combat Chronic Tonsillitis in children	IJBPAS
5	Dr Anagha Mathad	Ayurveda Samhita & Siddhanta	Biological Rhythm in Ayurveda and Smriti Ratnakar	Journal of University of Shanghai for Science and Technology
6	Dr Prasanna Mathad	Rasa Shashtra & Bhaisajya Kalpana	Chapala nirnaya - an experimental study to identify the chapala	Bulletin of Environment, Pharmacology and Life Sciences
7	Dr. Priyanka U. Dolhare	Prasuti Tantra & Stri Roga	Yoga during Garbha Masanumask Vrudhi	International Journal of All Research Education and Scientific Methods
8	Dr. Akshar Kulkarni	Ayurveda Samhita & Siddhanta	Garbhpanishad an Optimal Doctrine over the Embryo: A literature Research	Ayurvedic & Herbal Medicine
9	Dr Tanvi D	Rasa Shashtra & Bhaisajya Kalpana	Utility of Ghrita in Treatment of Unmada (Unstable Mind) with special reference to Charaka Samhita	Dev Sanskriti, Interdisciplinary International Journal
10	Dr T Srivisak	Kaumarbhritya	Clinical Understanding of Rogamarga and its Sadhya Asadhyatwa	Specialis UGDYMAS/ Special Education
11	Dr Suvarna Meshram	Dravyaguna	Ascertaining Ahimara (a medicinal plant) of Ashtanga Nighantu: An exploratory study	Journal of Drug Research in Ayurvedic Sciences
12	Dr Gautam Dabhi	Shalakya Tantra	To Evaluate the Efficacy of Panchabhautika Taila Pratimarsha Nasya in The Management Ardhavabhedaka with Special Reference to Migraine	Journal of University of Shanghai for Science and Technology
13	Dr Gautam Dabhi	Shalakya Tantra	Ayurvedic Management of Karnasrava with oral medicine - A case study	Journal of University of Shanghai for Science and Technology

Dr. Dhanraj K

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Sl.	Name of the Faculty	Department	Title	Journal
14	Dr Prasanna Mathad	Rasa Shashtra & Bhaisajya Kalpana	Safety profile of chapala bhasma with special reference to bismuth and selenium	IJRAP
15	Dr Anagha Mathad	Ayurveda Samhita & Siddhanta	The Application of Yukti Pramana in Antenatal care	Journal of University of Shanghai for Science and Technology
16	Dr Prasanna Mathad	Rasa Shashtra & Bhaisajya Kalpana	Formulation and characterization of transdermal patches from yashtimadhu extract (Glycyrrhiza glabra L.)	Bulletin of Environment, Pharmacology and Life Sciences
17	Dr. B.G. Kularni	Rachana Sharir	Anatomical understanding of Padagata Koorchashira Marma in Ayurveda	Bulletin of Environment, Pharmacology and Life Sciences
18	Dr. Naresh Kore	Kayachikitsa	Phytochemical Analysis of the Bharangi Mula Arka-Clerodendrum serratum (L.) Prepared By Bharangi from Wayanad and Punjab	Bulletin of Environment, Pharmacology and Life Sciences
19	Dr Suwarna Meshram	Dravyaguna	An Exploratory Study on Pashika - One Unidentified Medicinal Plant Mentioned in Ashatanga Nighantu (An Ayurvedic Lexicon)	Bulletin of Environment, Pharmacology and Life Sciences
20	Dr Divya B	Panchkarma	Modified Method Of Prachanna Karma (Blood Letting Therapy) In Effective Management Of Khalitya (Hairfall) - A Single Case Study	ECB
21	Dr Prasanna Mathad	Rasa Shashtra & Bhaisajya Kalpana	Effect Of Haridra Dhoopanaa Varti In Management Of Dust-Vrana Wsr Chronic Wound -A Case Repor	ECB
22	Dr Prasanna Mathad	Rasa Shashtra & Bhaisajya Kalpana	Analgesic Effect Of Bhrahmi Ksheerpaka In The Management Of Ureteric Colic-A Case Stud	ECB
23	Dr Prasanna Mathad	Rasa Shashtra & Bhaisajya Kalpana	An Experimental Pilot Study To Evaluate The Effect Of Herbal Solution As An Alternative For Tissue (Body Muscles) Preservation In Comparison To Formalin	Bulletin of Environment, Pharmacology and Life Sciences
24	Dr Vaibhav Biradar	Kriya Sharir	Role Of Palash Ksharsutra Inmanagement Of Arsha: A Clinical Case Report	ECB
25	Dr Rakesh Brahmkankar	Rasa Shashtra & Bhaisajya Kalpana	Role Of Palash Ksharsutra Inmanagement Of Arsha: A Clinical Case Report	Pharmaceutical Sciences Asia
26	Dr Prasanna Mathad	Rasa Shashtra & Bhaisajya Kalpana	An experimental study to standardize the preparation of bhandira guda varti	Bulletin of Environment, Pharmacology and Life Sciences

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List of Books and chapters published: Five Books and Six chapters were published

Sr. No.	Author's	Title of the Book/ Chapter Published	ISSN/ISBN/ DOI number of the proceeding	Name of the publisher
1	Dr. Arun Raj	Astanghridaya – A scientific synopsis of classic ayurved text	978-10-031482-9-6	CRC Press Taylor & Francis group
2	Dr. Nimesh Sangode	Pruthu Snayu – Ayurvedic Perspective of Flat Tendons & Aponeurosis	978-93-5515-702-7	Book Rivers
3	Dr. Ravi Joshi	Jihva Vivechan in Vata Vyadhi	978-93-5515-673-0	Book Rivers
4	Dr. Bhavin Dhanawade	Mahanimba – An efficacious Herbal Drug Management of Sciatica	978-93-5515-265-7	Book Rivers
5	Dr. Hrishita Dahilekar	Secrets of Tongue in Covid -19 & T.B.	978-93-5515-429-3	Book Rivers
6	Dr. Hrishita Dahilekar	Tongue – the mirror of Tummy	978-93-5515-421-7	Book Rivers
7	Dr. Arun Raj	Textbook of Research Methodology & Medical Statistics	978-93-9306-859-9	Chaukhambha Prakashan
8	Dr. B.G. Kulkarni	Marma & traumatology	978-93-5842-335-8	Book Rivers
9	Dr. Manjusha Karkare	An Ayurvedic and Modern Overview of Premenstrual Syndrome	978-93-5515-446-0	Book Rivers
10	Dr. Manjusha Karkare	Kaphaja Yonivyapad Chikitsa	978-93-95300-15-5	Astitva Prakashan
11	Dr. Varshida Marwadi	Innovation Technology for Gender Equality	979-889002051-2	Digital
12	Dr. Sunil Changle	Stanyamrutam	978-81-966346-8-1	Meadow Publication

Presentations: Four faculties have presented paper in various seminars held in Parul University and outside the Parul University.

CME: Nine faculties have attended CME for teachers in organised by various colleges sponsored by RAV, New Delhi and other short-term courses and training programmes.

Achievements:

Awards:

1. Dr. B.G. Kulkarni, Principal, PIAR (Ayurved) received PU Pride award for Best Employee by Parul University.
2. Dr. B.G. Kulkarni, Principal, PIAR (Ayurved) received Acharya Vashishth Award by Gujarat Ayurved Research & Development Center on 06.10.2023
3. Dr. Akshar Kulkarni, Associate Professor, Dept. of Samhita Siddhant received Dhanvantari Award

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4. Dr. Rahul Jadhav, Associate Professor, Dept of Swasthavritta received Dhanwantari Award, Parul University.
5. Khemdas Ayurved Hosital received Sanjivani Award by Gujarat Board of Ayurved & Unani System of Medicine.
6. Dr. Parvathy S., Assistant Professor, Dept. of Roga Nidana Vikriti Vigyan awarded first prize in Classical Dance at DHOOM event organised by Parul University in February-2023
7. Dr. Meghana A., Assistant Professor, Dept. of Kayachikitsa achieved 2nd Prize in Research Paper presentation at National Seminar Manoyagya 2023 "Mental Health & Associated Disorders" on 16.03.2023
8. Dr. Yamini Nayak, Assistant Professor, Dept. of ShalakyaTantra Awarded with Best PG thesis by Parul University
9. Dr. Nimesh Sangode and Mr. Tejas Vyas Best Teachers Award on Teachers Day Celebration held at the Institution.
10. Dr. Anjali Sanjeev, Assistant Professor, Dept of Agada Tantra awarded Gold Medal for PG by Bharati Vidhyapeeth, Pune
11. Dr. Navoday Raju, Associate professor, Dept of Kriya Sharir, PIAR were awarded with Best Ph.D Thesis by Parul University.
12. Dr. Ravi Joshi, Associate Professor, Dept. of Rachana Sharir, PIAR awarded as "Dalahan" Award by Gujarat Board of Ayurved & Unani System of Medicine

Resource Person: 12 faculties were invited as resource person in 17 various events held outside Parul University. Two faculties were invited as resource person within Parul University.

1. Dr. B.G. Kulkarni, Principal, Parul Institute of Ayurved & Research Delivered Guest Lecture as a Resource person in:
 - a. Guest lecture at JS Ayurved Mahavidhyalay, Nadiad, Vadodara
 - b. National Seminar on Marma Sharir – "Marma Marvels- Exploring the vital points" organised by Rachana Sharir department, MSBT Ayurved Medical College on 20.10.2023
 - c. Guest of Honour on Vishwa Ayurved Parishad's Rachana Sharir Sambhasha on 18.08.2023
2. Dr. Prasanna Mathad, Professor & Head, Department of Rasa Shastra & Bhaishajya Kalpana, was invited as Resource Person in Ayurved Teachers Association 2023 National Conference on Future Ayurveda 2050 on 16.08.2023
3. Dr. Shivani Gavande, Professor & Head, Department of Panchakarma, was invited as Resource Person in:
 - a. Delivered Guest Lecture on "Skill Development" at Parul Institute of Ayurved, Faculty of Ayurved, Parul University on 27.02.2023
 - b. "Role of Ayurveda Panchakarma (Krimighna basti Chikitsa) in quality of life enhancement in Cancer treatment" at 10th Global webinar on Traditional 7 Intergrative medicine held on 09.11.2023 to 10.11.2023

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- c. "Role and impact of Ayurveda physicians in society" at RN Kapoor Ayurved Medical College, Indore on 25.11.2023
4. Dr. Nimesh Sangode, Associate Professor, Department of Rachana Sharir was invited as Resource Person in Guest lecture organised by SMBT Ayurved Medical College, Nashik, Maharashtra on 12.12.2023 on the topic "Human Anatomy- Dissection Made Easy".
 5. Mr. Tejaskumar Vyas delivered Guest Lecture online on 21.02.2023 on topic of "Vadatu Samskritam" organised by Merchant Ayurved College, Mehsana
 6. Dr. Dinesh Patil, Associate Professor, Dept. of Panchkarma, PIAR, invited as resource person on "Nadi Vidya & Concept of Ayurved" from 28.04.2023 to 02.05.2023 organised by Ethnic Science Foundation, Srilanka
 7. Dr. Sonesh Utekar was invited as resource person for a Guest lecture organised by Govt. Ayurved College, Vadodara in 11.08.2023
 8. Dr. Suwarna Meshram, Professor, Dept. of Dravyaguna, invited for Guest Lecture at organised by J.S. Ayurved Mahavidhyalaya, Nadiad in 04.08.2023
 9. Dr Shailesh Jaiswal, Associate Professor, Dept of Shalya Tantra, PIAR invited as resource person for Surgical Showdown 2023 organised by Parul Institute of Para Medical & Health Science on 20.07.2023
 10. Dr. Bhavin Dhanawade, Associate Professor, Dept. of Dravyaguna, invited for Guest Lecture at
 - a. Guest Lecture organised by J.S. Ayurved Mahavidhyalaya, Nadiad in 04.08.2023
 - b. Invited as resource person at SMBT Ayurved Medical College, Nashik, Maharashtra on 11.12.2023

Dr. N. V. K. K.
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